

Caregiver

Intake Questionnaire

The symptoms of hepatic encephalopathy (HE) can vary depending on the patient and the severity of the condition. Use this questionnaire with your patient’s caregiver to learn about any recent signs or symptoms they may have noticed with their loved one to help in your clinical evaluation.

Does the patient have a history of liver disease?

- ☐ Yes
- ☐ No

Does the patient have any of these HE high-risk factors for patients with liver disease? (select all that apply)

- ☐ Portal hypertension (high blood pressure in the portal vein)
- ☐ TIPS shunt placement in the liver
- ☐ Sarcopenia or loss of muscle mass
- ☐ Hyponatremia — low sodium of the blood
- ☐ Refractory ascites — swollen abdomen because of excess fluid that is difficult to treat
- ☐ Bleeding in the intestines, stomach, or esophagus or GI bleeding, including hemorrhoids
- ☐ Diabetes

Has the patient experienced any of these recent items below? (select all that apply)

- ☐ Change in diet
- ☐ Hyperglycemia (high blood sugar)
- ☐ Infection (such as a urinary tract infection or other)
- ☐ Constipation
- ☐ Dehydration (getting too much sun, exercising with excess sweating)
- ☐ Drinking a lot of alcohol
- ☐ Recent surgery or hospital stay

What medications has the patient been prescribed? (list all medications and supplements)

Is the patient taking all medication per the doctor or pharmacist’s direction?
If not, why?

Does the patient have any of these mild to moderate mental symptoms of HE?
(select all that apply)

- ☐ Confusion
- ☐ Short attention span
- ☐ Forgetfulness
- ☐ Mood swings
- ☐ Personality changes
- ☐ Inappropriate behavior
- ☐ Difficulty doing basic math

What about these more severe mental symptoms of HE?

- ☐ Severe confusion
- ☐ Severe anxiety or fearfulness
- ☐ Disorientation regarding time and place
- ☐ Inability to perform mental tasks

Does the patient have any of these mild to moderate physical symptoms of HE?

- ☐ Change in sleep patterns (such as sleeping during the day and staying up at night)
- ☐ Difficulty writing or doing other small hand movements
- ☐ Breath that smells musty or sweet
- ☐ Slurred speech

What about these more severe physical symptoms of HE?

- ☐ Extreme sleepiness
- ☐ Slowed or sluggish movement
- ☐ Shaking of hands or arms (called “flapping”)
- ☐ Jumbled, slurred speech that can’t be understood

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